

POST-TASK: BOOKTOK POST

Linguistic focus	Speaking
Thematic focus	Reflection/expressing your opinion
Language level/target group	B1+

Teacher instructions

The aim of this task is to reflect upon the book. That is, the students are encouraged to record a short video (approx. 2-3 minutes) similar to the book reviews that can be found on *Booktok* (part of Tiktok).

In their videos, they should talk about the book and what they have learnt. They therefore need to answer questions such as “What was new to me?”, “Which exercise did I like most?”, “Which exercise did I like least?”, “Will I change something in my daily life?” and “Would I recommend the book to someone else?”. It is recommended to first write a script or at least bullet points with students. It can also be helpful to practice reading out their script before recording the video.

The example script provided may also be used as scaffolding if students struggle with their own scripts. However, it should be noted that the script can also be discouraging because students might find it hard to deviate from it and formulate original sentences once they have read it.

Additional material to be used

- Schematic overview for BookTok video [Happy 19.1]
- Scaffolding for the video [Happy 19.2]
- Guide for recording a video [Happy 19.3]
- Example script for BookTok post [Happy 19.4]

SCHEMATIC OVERVIEW: BOOKTOK POST

Each section should take up about 20-30 seconds of the video.

Step	Topic	Content
a)	Introduction	Begin by introducing yourself and the book you are reviewing. Mention the title and author and give a short summary.
b)	What was new to me?	Share the aspects of the book that were new to you.
c)	Favourite exercise	Talk about the exercise from the book that you liked the most. Explain how you can use it in your life.
d)	Least favourite exercise	Talk about the exercise from the book that you liked the least. Be honest about why you did not like it.
e)	Impact on my daily life	Reflect on whether the book has inspired you to make any changes in your daily life and why.
f)	Recommendation	Summarize your overall opinion of the book. Would you recommend it to someone else? Why or why not?

HOW-TO: BOOKTOK POST

Create a short video for BookTok on the book *happy*. Your video should be about 2 to 3 minutes long. Use the examples below to structure your video:

a) **Introduction:** Introduce yourself and the book:

- My name is ... and I read the book *happy*.
- The book is about ...
- In the book, ...

b) Say what was new to you:

- ... was new to me because ...
- I was surprised about ...

c) Say what you liked about the book:

- I liked the part where ...
- My favourite part of the book was ...
- My favourite exercise was ...

d) Say what you did not like about the book:

- I did not like the part where ...
- I did not like the exercise where ...

e) Explain how the book has affected your daily life:

- The book inspired me to ...
- I want to do ... more often in my daily life.
- I want to change ... because of the book.

f) **Conclusion:** Say if you would recommend¹ this book to a friend:

- I would recommend this book to someone who ...
- I would not recommend this book because ...

Take notes and practice your presentation before you record your video.

¹ to recommend a book: to tell someone else to read the book as well

RECORDING A VIDEO

What do I say?

Read the task and take notes:

- What are the main points you need to have in your video?
- What order do you want to say your points in?

Introduction

Point 1

Point 2

Point 3

...

Conclusion

How do I prepare?

Practice what you want to say **before** you start recording.

- Put your notes in front of you so that you can read them, but do not hold them in front of your face.
- You can practice in front of a mirror. This helps you see how you will look in the video.
- If there are any words or sentences that are hard for you, practice them multiple times until you are comfortable with them.

How do I record the video?

For a short video, the camera on a smartphone or tablet is really good. Most notebooks also have cameras and microphones.

Set up your recording space:

- Find a quiet place where there are no other people or loud background noises.
- If you do not have the room to yourself, politely ask the other people in the room to be quiet while you record your video.
- If it is noisy outside, close the doors and windows.
- Place the camera (phone, tablet, or notebook) somewhere so that you can see your face in the video.
- You can also ask someone else to film you, but it is important to hold the camera still.
- Press the "Record" button, present your notes like you practiced and press the button again to end the video.

BOOKTOK POST – EXAMPLE SCRIPT

- a) My name is Bearlief, and I read the book *happy*. In the book, you learn how to be more mindful and how to be kind to yourself and to others.
- b) Mindfulness was new to me because I often don't pay attention to the small things in my life like the taste of food or the noises I hear when I go outside.
- c) My favourite part of the book was where we talked about foods because it made me more mindful to concentrate on the taste and texture of my favourite snacks. I now like those snacks even more.
- d) I did not like the part about relaxing because I did not know how to tense up all my muscles and it didn't feel good.
- e) Because of the book, I want to be more loving in my daily life. It is very hard to talk about feelings with other people, but it makes me feel good afterwards, so I want to do it more.
- f) I would recommend this book to my big brother because he often says that he is very stressed and I think it could help him, too.

